

North Sound Behavioral Health  
Administrative Services Organization  
**Board of Directors**  
Meeting Agenda

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October 9<sup>th</sup>, 2025

**Board of Directors Members Present  
in Person:**

**Members Present via MS Teams:**

**North Sound Behavioral Health  
Administrative Services Organization  
(North Sound BH-ASO) Staff Present:**

**Guests Present:**

- 1. Call to Order and Introductions** – Chair
- 2. Tribal Acknowledgement** – Chair  
[Tribal Behavioral Health | North Sound BH-ASO \(nsbhaso.org\)](https://nsbhaso.org)
- 3. Revisions to the Agenda** – Chair
- 4. Approval of the September 11th, 2025, Minutes, Motion #25-43** – Chair  
.....Attachment
- 5. Comments & Announcements from the Chair** - Chair
- 6. Reports from Members** - Chair
- 7. Comments from the Public** - Chair
- 8. Report from the Finance Officer** (Available at Meeting) ..... Attachment  
Kimberly Nakatani, Sr. Accountant
- 9. Report from the Governance Operations Committee** - Chair

*All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.*

**Consent Agenda** - Chair (Available at Meeting) .....Attachment

**Motion #25-44**

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from September 1<sup>st</sup>, 2025, through September 30<sup>th</sup>, 2025, in the amount of \$.
- Payroll for the month of September in the amount of \$ and associated employer benefits in the amount of \$.

**10. Action Items** – Lisa Hudspeth, Contracts Manager

**For Board Approval**

**Health Care Authority (HCA)**

- Projects for Assistance in Transition from Homelessness (PATH)
  - This is an outreach program targeting individuals with a serious mental illness who are unhoused in Snohomish County. The current annual funding (10/1/2025 – 9/30/2026) for this service is \$207,459.00. North Sound provides a mandatory match annually of \$69,153.00.
- Peer Pathfinder Homeless Outreach Programs
  - Funding is used to support outreach and engagement services for those who are, or who are risk of homelessness and have or are suspected to have an Opiate Use Disorder and/or stimulant use disorder in Whatcom County.
  - North Sound BH-ASO has not yet received our contract for the next funding cycle (10/1/2025 – 9/30/2026), however, HCA has indicated that they anticipate the award amount to be the same or slightly higher. The current annual funding (10/1/2024 – 9/30/2025) for these services is \$131,480.00\*.

**Motion #25-45**

HCA-North Sound BH-ASO-PATH for the purpose of funding PATH services in Snohomish County. The contract term is October 1, 2025, through September 30, 2026.

**Motion #25-46**

HCA-North Sound BH-ASO-Peer Path Finder for the purpose of providing peer pathfinder services in Whatcom County. The contract term is October 1, 2025, through September 30, 2026.

- The following two contracts are the downstream contracts for PATH and Peer Pathfinder services.

**Bridgeways**

- Bridgeways is the provider of PATH services in Snohomish County. The annual funding amount is \$207,459.00 of grant funding and \$69,153.00 in matching State funds for case management services for a total of \$276,612.00.

**Motion #25-47**

North Sound BH-ASO-Bridgeways-PATH-24 AMD 1 for the purpose of providing PATH outreach and case management services in Snohomish County. The term of the funding is October 1, 2025, through September 30, 2026, based on continued compliance with the terms of the contract.

**Lifeline Connections**

- Lifeline Connections is the provider of Peer Pathfinder Services in Whatcom County. The final contract amount is anticipated to be consistent with or slightly higher than the current contracted amount of \$131,480.00\*.

**Motion #25-48**

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 8 to provide funding to the Peer Path Finder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract. The final contracted amount will be adjusted, if necessary, upon receipt of the executed agreement with HCA\*.

**Compass Health**

- Compass Health has received approval from Health Care Authority (HCA) for two endorsed Mobile Rapid Response Crisis Teams (MRRCT) - one serving Whatcom County and one serving Snohomish County, effective October 1, 2025, for each.
- Endorsed teams meet standards for staffing, training, and transportation ensuring they maintain the capacity to respond quickly and effectively to the most acute calls received by 988 Suicide & Crisis Lifeline.
- North Sound BH-ASO is working to determine the final budgets for each team based on information recently provided by HCA. Total funding will be received from HCA and the Managed Care Organization (MCOs), with provider reimbursement based on a compilation of several payment modalities.

**Motion #25-49**

NORTH\_SOUND\_BH-ASO\_COMPASS HEALTH\_ICCN\_2023 AMD 10 to provide ongoing funding for the Snohomish County Endorsed Mobile Rapid Response Crisis Teams (MRRCT) not to exceed the amount of \$.

NORTH\_SOUND\_BH-ASO\_COMPASS HEALTH\_ICCN\_2023 AMD 10 to provide ongoing funding for the Whatcom County Endorsed Mobile Rapid Response Crisis Teams (MRRCT) not to exceed the amount of \$.

**Sea Mar**

- Sea Mar has been approved to open a 23-hour Crisis Stabilization Facility in Snohomish County, effective October 1, 2025.
- 23-hour crisis stabilization facilities provide short-term, intensive behavioral health support to individuals experiencing behavioral health crisis, offering rapid assessment, stabilization, and connection to ongoing care.

- North Sound BH-ASO received funding from the Health Care Authority (HCA) for this facility.

**Motion #25-50**

NORTH SOUND BH-ASO-SEAMAR COMMUNITY HEALTH CENTERS-ICN-23 AMD 2 to provide start-up funding in the amount of \$779,498.00 for the Crisis Stabilization Facility, effective October 1, 2025.

**11. Report from the Executive Director**

JanRose Ottaway Martin, Executive Director

- Crisis Metrics.....Attachment

**12. Adjourn** - Chair

*Next Meeting:* November 14<sup>th</sup>, 2025

## Board of Directors

### Retreat/Work Session/Business Minutes

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September 11<sup>th</sup>, 2025

#### **Board of Directors Members Present in Person:**

- Barry Buchanan, County Council; Whatcom County, Board Chair
- Malora Christensen, Response Systems Division Manager, designated alternate for Satpal Sidhu; County Executive, Whatcom County
- Jill Johnson, Commissioner; Island County
- Justin Paulsen, County Council; San Juan County
- Jami Mitchell, Human Services Manager, designated alternate for Justin Paulsen, County Council; San Juan County
- Satpal Sidhu, County Executive; Whatcom County
- George Kosovich, Community Services Division Manager, designated alternate for Peter Browning, Commissioner; Skagit County
- Sam Low, County Council; Snohomish County
- Peter Browning, Commissioner; Skagit County
- Amanda Franke, Human Services, designated alternate to Dave Somers, County Executive, Snohomish County

**(North Sound BH-ASO) Staff Present:**

- JanRose Ottaway Martin, Executive Director
- Lindsay Lopes, Deputy Director
- Michael McAuley, Clinical Director
- Charles DeElena, Compliance Officer/Business Improvement Manager
- Kimberly Nakatani, Senior Accountant
- Joanie Wenzl, Clerk of the Board

**Guests Present:**

North Sound County

Coordinators:

- Kathryn Clancy, Island County
- Bill Larsen, Island County
- Anji Jorstad, Snohomish County
- Christi Brua-Weaver, Skagit County
- Richard Uri, San Juan County
- Hannah Fisk, Whatcom County

**Call to Order and Introductions** – Chair

The Chair called the meeting to order, introductions followed.

Today's business portion of the meeting was part of the second annual board retreat where upcoming strategic goals were identified and discussed among Board Members, County Coordinators, and NS BH-ASO staff.

**Approval of the July 10<sup>th</sup>, 2025, Minutes, Motion #25-37** – Chair

Peter Browning moved the motion for approval, Justin Paulsen seconded, all in favor, none opposed, motion #25-37 carried.

**Comments from the Public** – Chair

There was no one from the public in attendance.

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**Consent Agenda** - Chair

*Note: There are two months of claims, payroll and benefits due to August being summer break for the Board of Directors.*

#### **Motion #25-38**

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from July 1st, 2025 through July 31st, 2025, in the amount of \$3,987,516.28.
- Payroll for the month of July in the amount of \$246,930.10 and associated employer benefits in the amount of \$104,709.43.

Amanda Franke moved the motion for approval, Jill Johnson seconded, all in favor, none opposed, motion #25-38 carried

#### **Motion #25-39**

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from August 1st, 2025, through August 31st, 2025, in the amount of \$6,172,010.53.
- Payroll for the month of August in the amount of \$242,722.86 and associated employer benefits in the amount of \$113,013.91

Peter Browning moved the motion for approval Amanda Franke seconded, all in favor, none opposed, Motion #25-39 carried

#### **Action Items – Lindsay Lopes, Deputy Director**

<b>For Board Approval</b>
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#### Health Care Authority (HCA)

- North Sound BH-ASO was notified that Health Care Authority (HCA) underfunded our main HCA contract (K8347) by \$100,000 Federal Block Funds.
- These funds are designated specifically for co-responder services with a law enforcement agency.

#### **Motion #25-40**

- HCA-NS BH-ASO-K8347 AMD 1 providing \$100,000 additional Federal Block Grant Funding for the period of July 1, 2025, through June 30, 2026.

Barry Buchanan moved the motion for approval, Peter Browning seconded, all in favor, none opposed, motion #25-40 carried

#### Compass Health

- Mobile Response and Stabilization Services (MRSS)
  - North Sound BH-ASO received \$95,547 of Federal Block Grant funding in our main HCA contract (K8347) to enhance Mobile Response and Stabilization Services (MRSS) for October 1, 2025, through September 30, 2026.
  - These funds are to be used to enhance the existing Child, Family and Youth Crisis Team with Compass Health.
- Recovery Navigator Program (RNP)

- Compass Health is facing a budgetary gap in funding to maintain three (3) existing staff positions within the RNP Program and has requested \$32,000 of additional funds through December 31, 2025.
- North Sound BH-ASO is seeking additional RNP funding from HCA to fill the gap for January 1, 2026, forward.

#### **Motion #25-41**

NS BH-ASO-Compass Health-ICCN-23 Amendment 9 to provide \$95,547.00 additional funding to enhance Mobile Response and Stabilization Services (MRSS) for the period of October 1, 2025, through September 30, 2026.

North Sound BH-ASO-Compass Health-RNP-23 Amendment 4 to provide additional one-time funding in the amount of \$32,000.00 to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract).

Justin Paulsen moved the motion for approval, Peter Browning seconded all in favor, none opposed, motion #25-41 carried.

#### **Salish Sea Psychotherapy and Consultation**

- North Sound BH-ASO received funding in its July 1, 2025, HCA contract (K8347) to support Tribal Designated Crisis Response (DCR) Technical Assistance, including the coordination and implementation of a Tribal DCR Academy by September 29, 2025.
- Salish Sea Psychotherapy and Consultation partnered with North Sound BH-ASO to provide technical assistance for the Tribal DCR Academy, held August 25–28, 2025, with a follow-up one-day training scheduled for November 2025.
- While the initial budget anticipated costs under \$10,000, updated estimates for the total hours of service required now project expenses to exceed that amount. The proposed contract amount is \$15,000 to fully support these services.

#### **Motion #25-42**

North Sound BH-ASO-SSPC-PSC-25 Amendment 1 to provide additional funding in the amount of \$5,000.00 to provide technical assistance for the Tribal Designated Crisis Responder Academy. Total contracted amount shall not exceed \$15,000.00.

Amanda Franke moved the motion for approval, Malora Christensen seconded, all in favor, none opposed, Motion#25-42 carried

### **Introduction Items**

Lindsay Lopes, Deputy Director, spoke to the Introduction Items below

#### **Health Care Authority (HCA)**

- Projects for Assistance in Transition from Homelessness (PATH)
  - This is an outreach program targeting individuals with a serious mental illness who are unhoused in Snohomish County. The current annual funding (10/1/2024 – 9/30/2025) for this service is \$219,026.00. North Sound provides a mandatory match annually of \$73,000.00.
  - North Sound BH-ASO has not yet received our contract for the next funding cycle (10/1/2025 – 9/30/2026), however, HCA has indicated there will likely be a slight decrease in the award amount (approximately 3-4%).



- Peer Pathfinder Homeless Outreach Programs
  - Funding is used to support outreach and engagement services for those who are, or who are risk of homelessness and have or are suspected to have an Opiate Use Disorder and/or stimulant use disorder in Whatcom County. The current annual funding (10/1/2024 – 9/30/2025) for these services is \$131,480.00.
  - North Sound BH-ASO has not yet received our contract for the next funding cycle (10/1/2025 – 9/30/2026), however, HCA has indicated that they anticipate the award amount to be the same or slightly higher.

#### Motion #

HCA-North Sound BH-ASO-PATH-X for the purpose of funding PATH services in Snohomish County. The contract term is October 1, 2025, through September 30, 2026.

#### Motion #

HCA-North Sound BH-ASO-Peer Path Finder-X for the purpose of providing peer pathfinder services in Whatcom County. The contract term is October 1, 2025, through September 30, 2026.

- The following two contracts are the downstream contracts for PATH and Peer Pathfinder services.

#### Bridgeways

- Bridgeways is the provider of PATH services in Snohomish County. The annual funding amount is \$X of grant funding and \$X in matching State funds for case management services for a total of \$X.

#### Motion #

North Sound BH-ASO-Bridgeways-PATH-24 AMD 1 for the purpose of providing PATH outreach and case management services in Snohomish County. The term of the funding is October 1, 2025, through September 30, 2026, based on continued compliance with the terms of the contract.

#### Lifeline Connections

- Lifeline Connections is the provider of Peer Pathfinder Services in Whatcom County. The total annual funding for this service is \$X.

#### Motion #

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 8 to provide funding to the Peer Path Finder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2025, based on continued compliance with the terms of the contract.

**Adjourn Business Portion of Agenda** – The Chair adjourned the business meeting at 2:20pm.

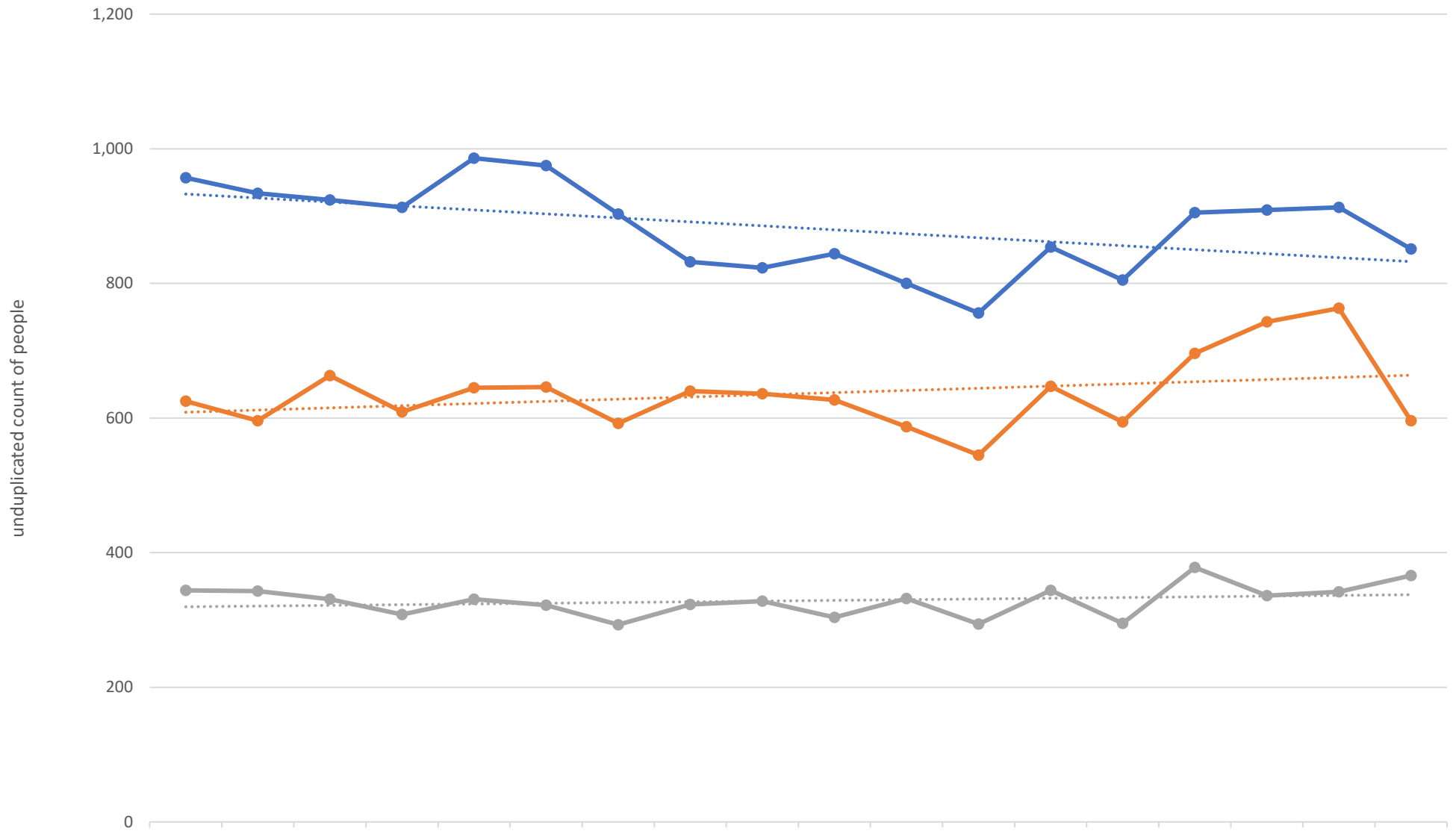
*Next Meeting:* October 9<sup>th</sup>, 2025



## North Sound Crisis System Dashboard

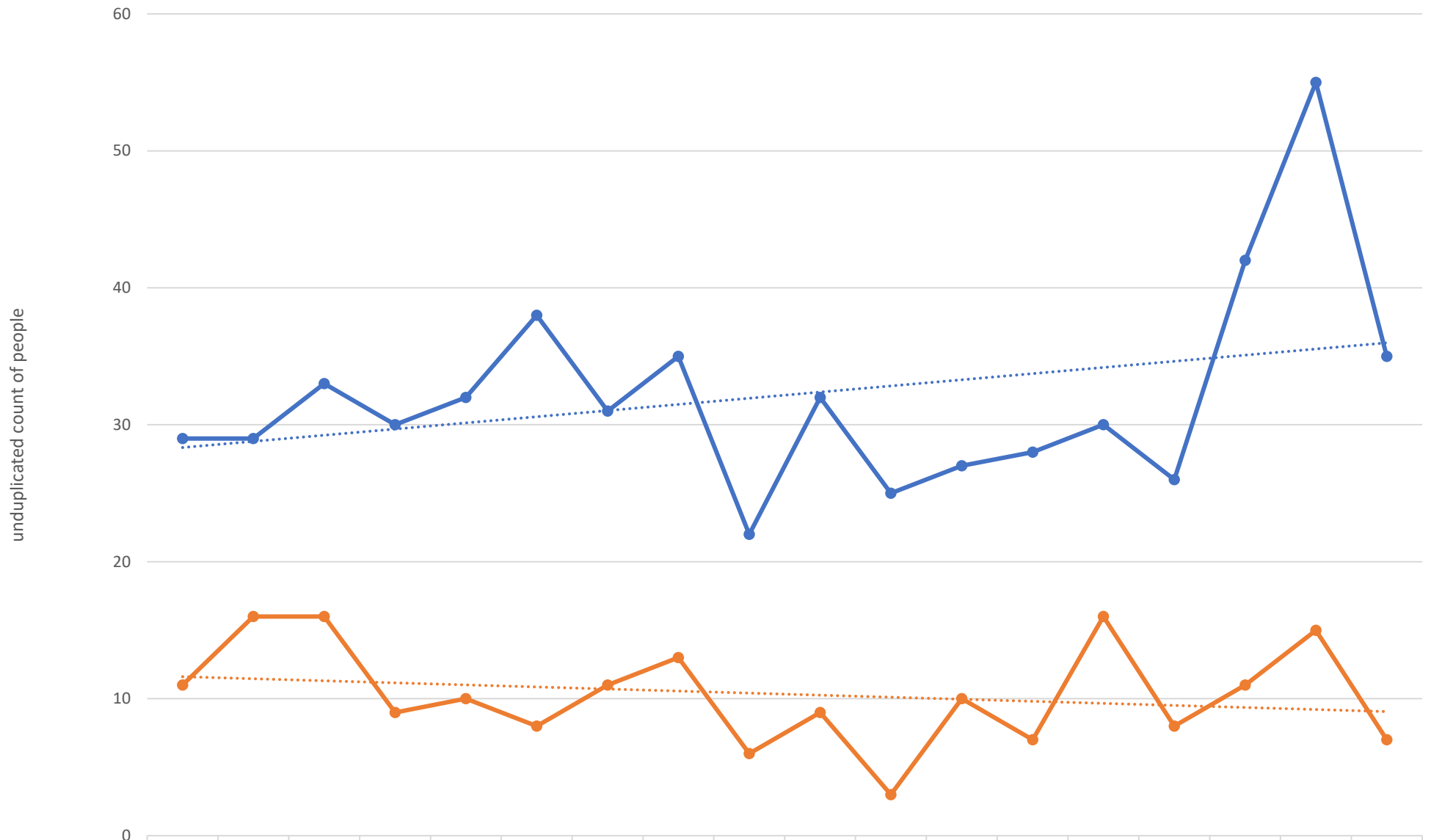
Page 2	Unduplicated People receiving a crisis system service
Page 3	Island - Unduplicated People receiving a crisis system service
Page 4	San Juan - Unduplicated People receiving a crisis system service
Page 5	Skagit - Unduplicated People receiving a crisis system service
Page 6	Snohomish - Unduplicated People receiving a crisis system service
Page 7	Whatcom - Unduplicated People receiving a crisis system service
Page 8	Region Designated Crisis Responder (DCR) Investigations
Page 9	Region DCR Investigation Referral Sources
Page 10	Region DCR Investigation Outcomes

# Unduplicated People receiving a crisis system service



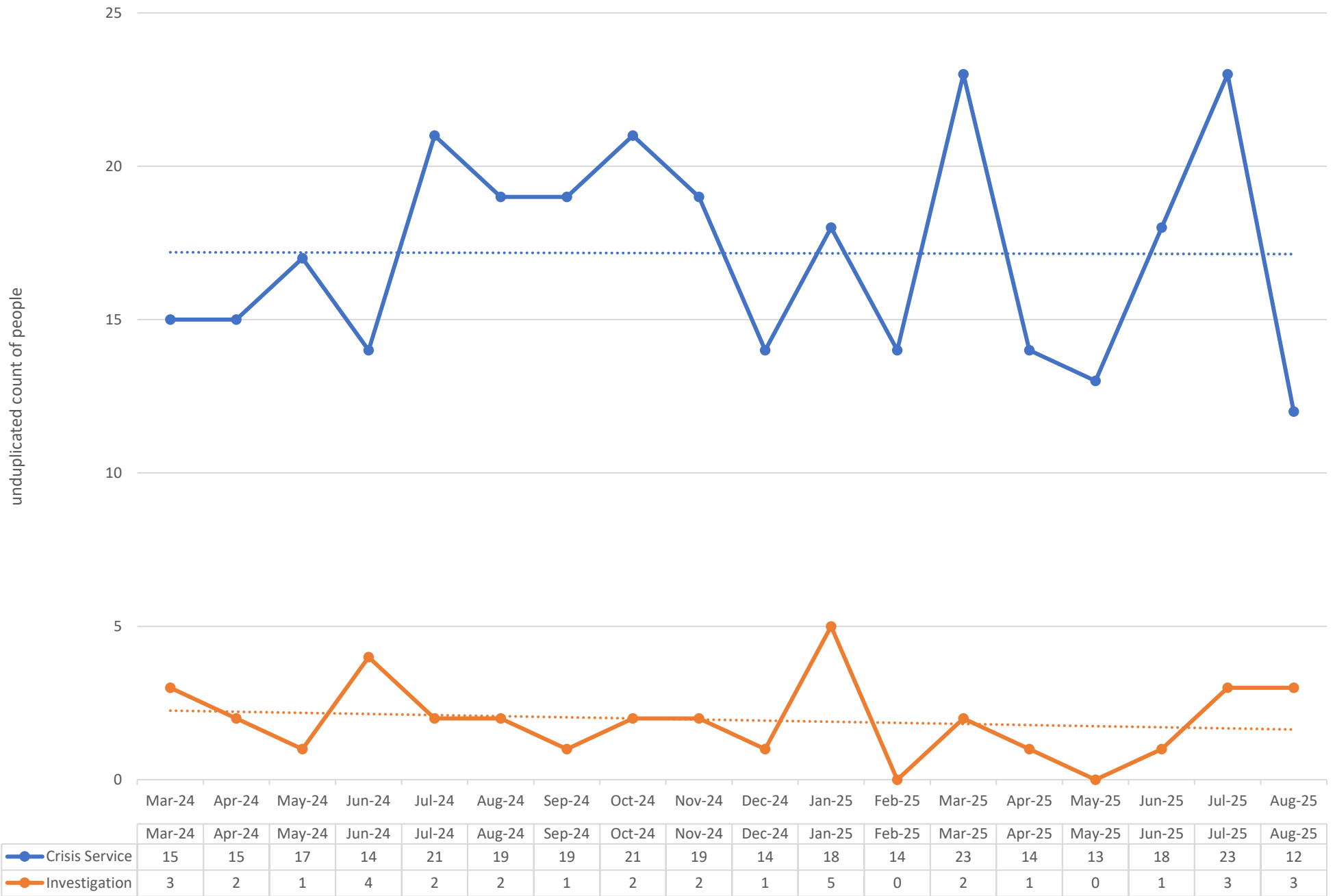
	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25
● Crisis Call	957	934	924	913	986	975	903	832	823	844	800	756	854	805	905	909	913	851
● Crisis Service	625	596	663	609	645	646	592	640	636	627	587	545	647	594	696	743	763	596
● Investigation	344	343	331	308	331	322	293	323	328	304	332	294	344	295	378	336	342	366

# Island - Unduplicated People receiving a crisis system service

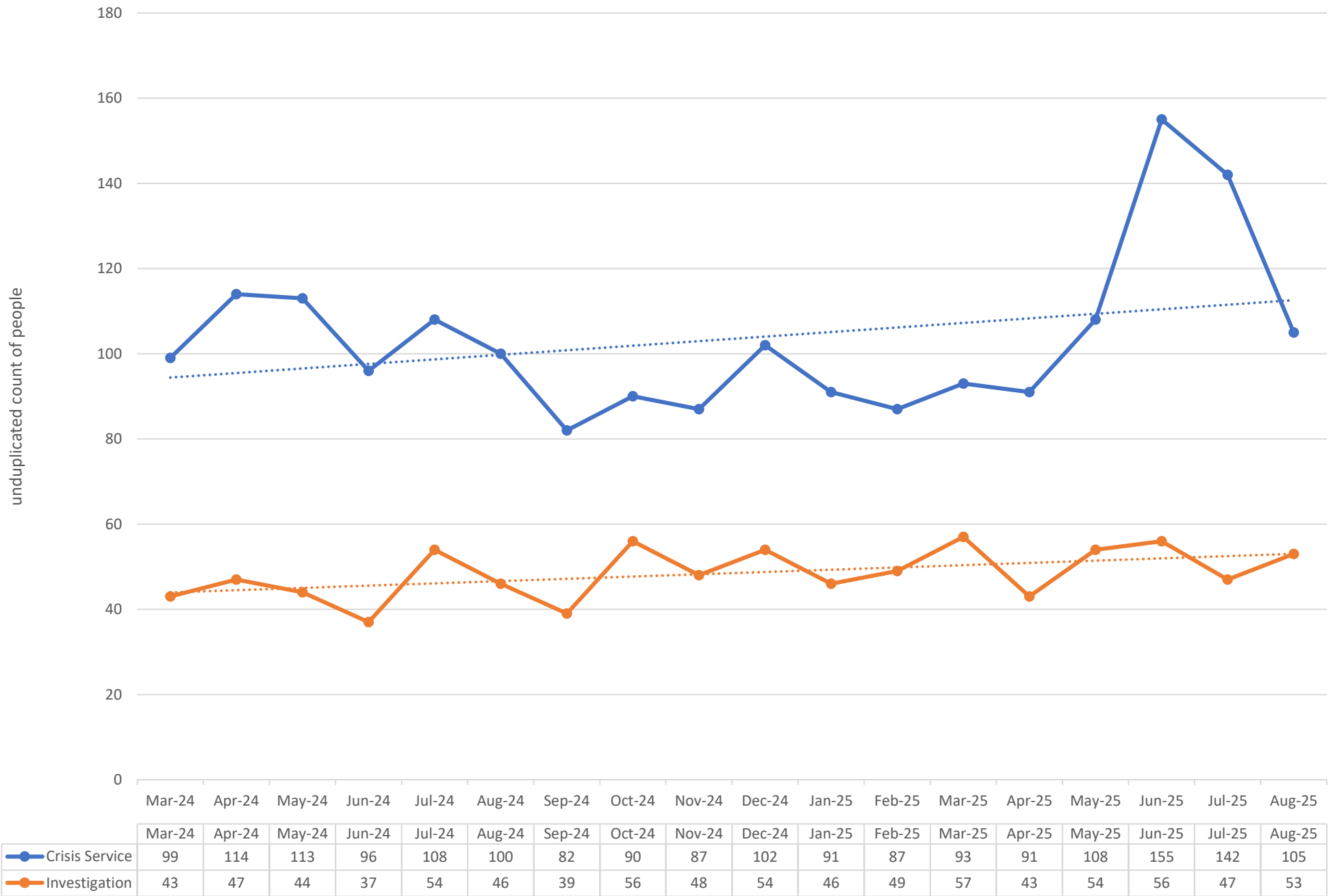


	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25
Crisis Service	29	29	33	30	32	38	31	35	22	32	25	27	28	30	26	42	55	35
Investigation	11	16	16	9	10	8	11	13	6	9	3	10	7	16	8	11	15	7

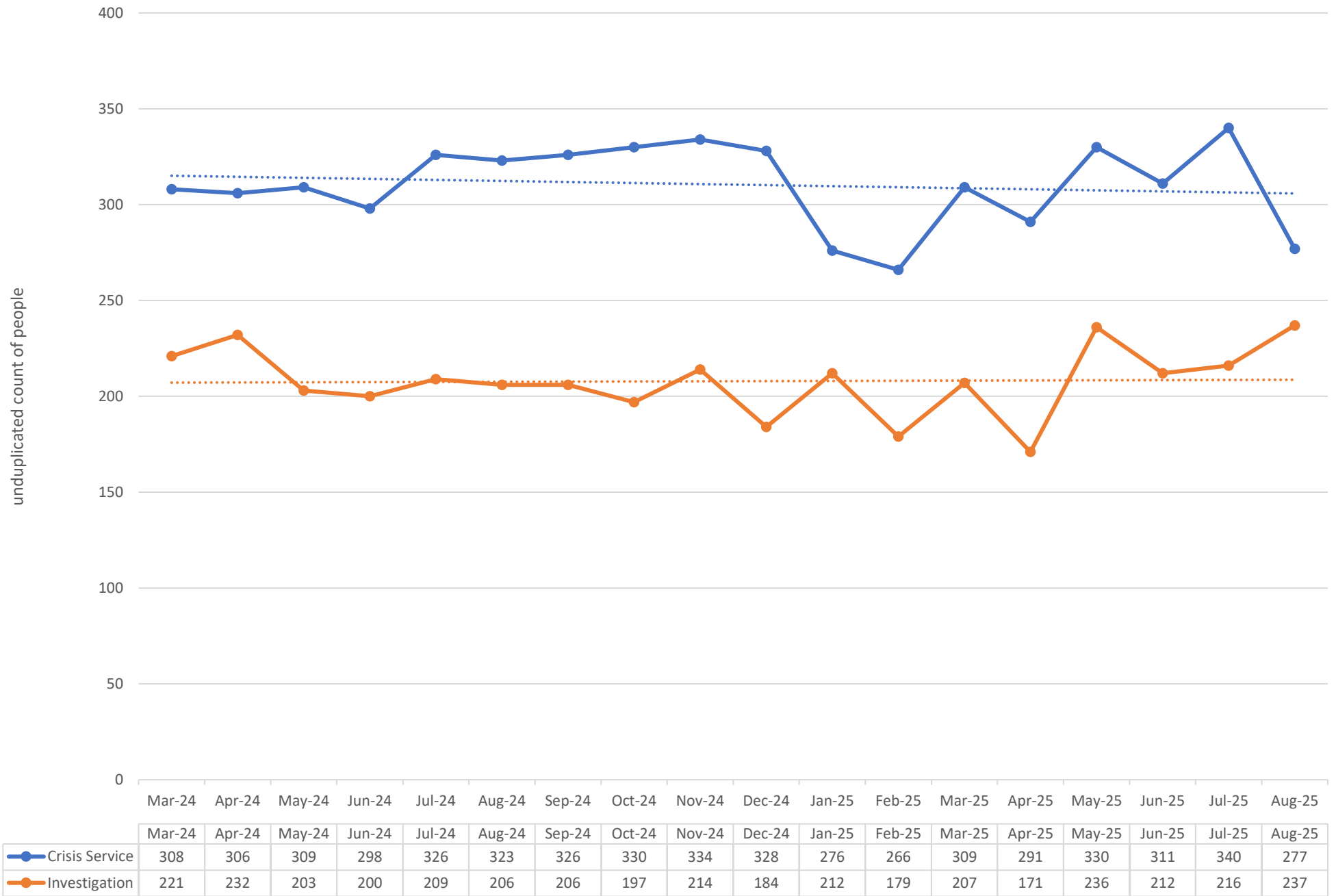
# San Juan - Unduplicated People receiving a crisis system service



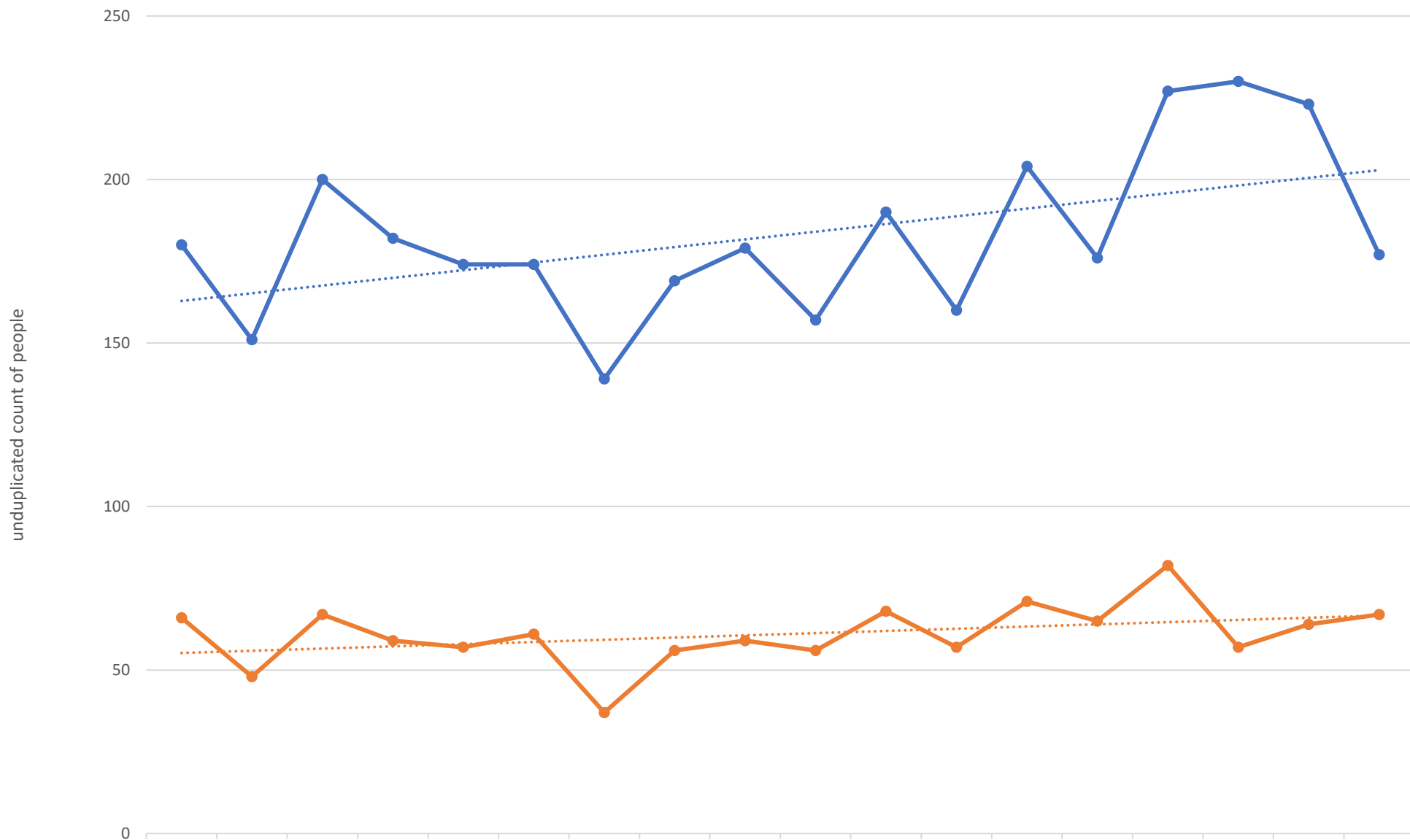
# Skagit - Unduplicated People receiving a crisis system service



# Snohomish - Unduplicated People receiving a crisis system service



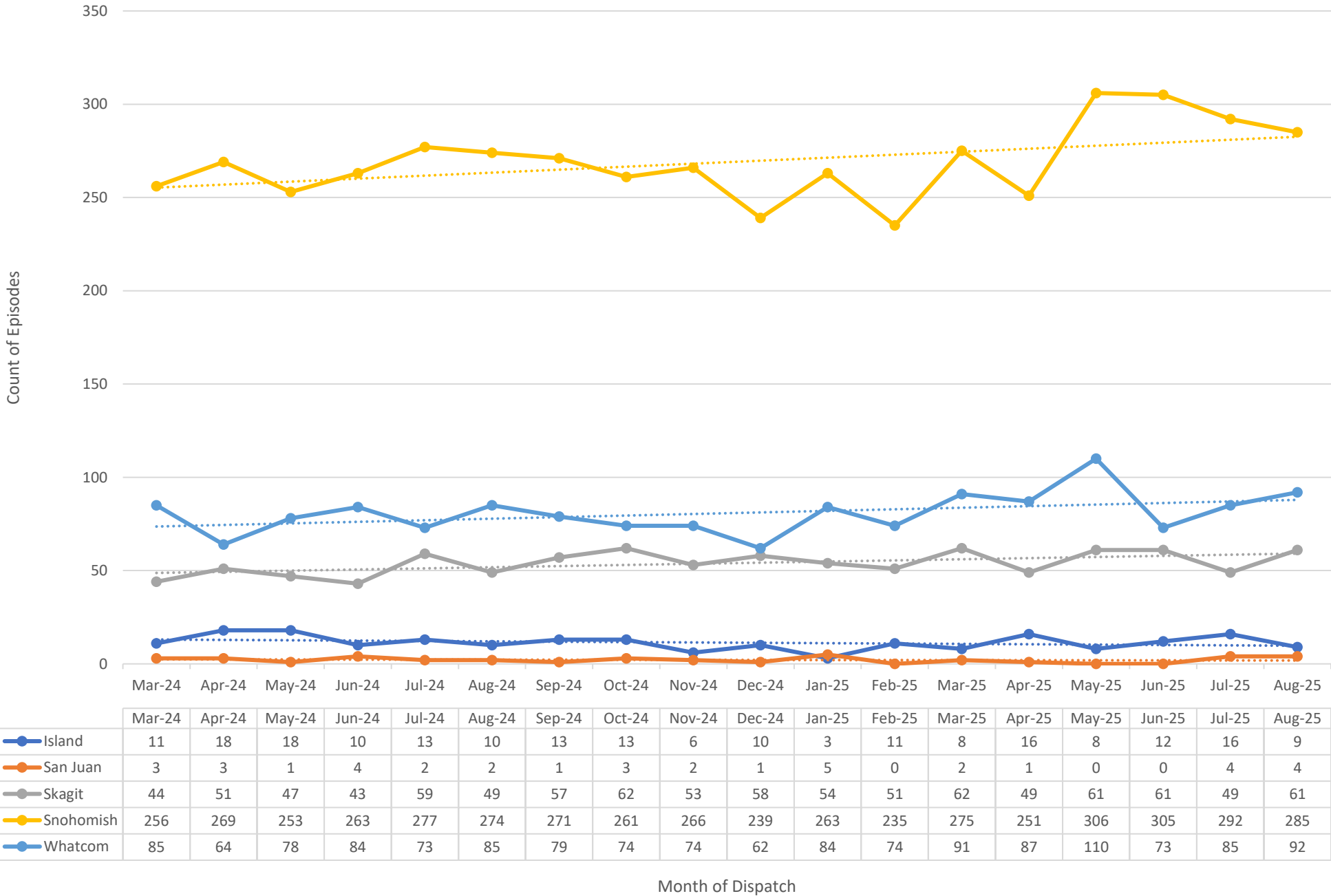
# Whatcom - Unduplicated People receiving a crisis system service



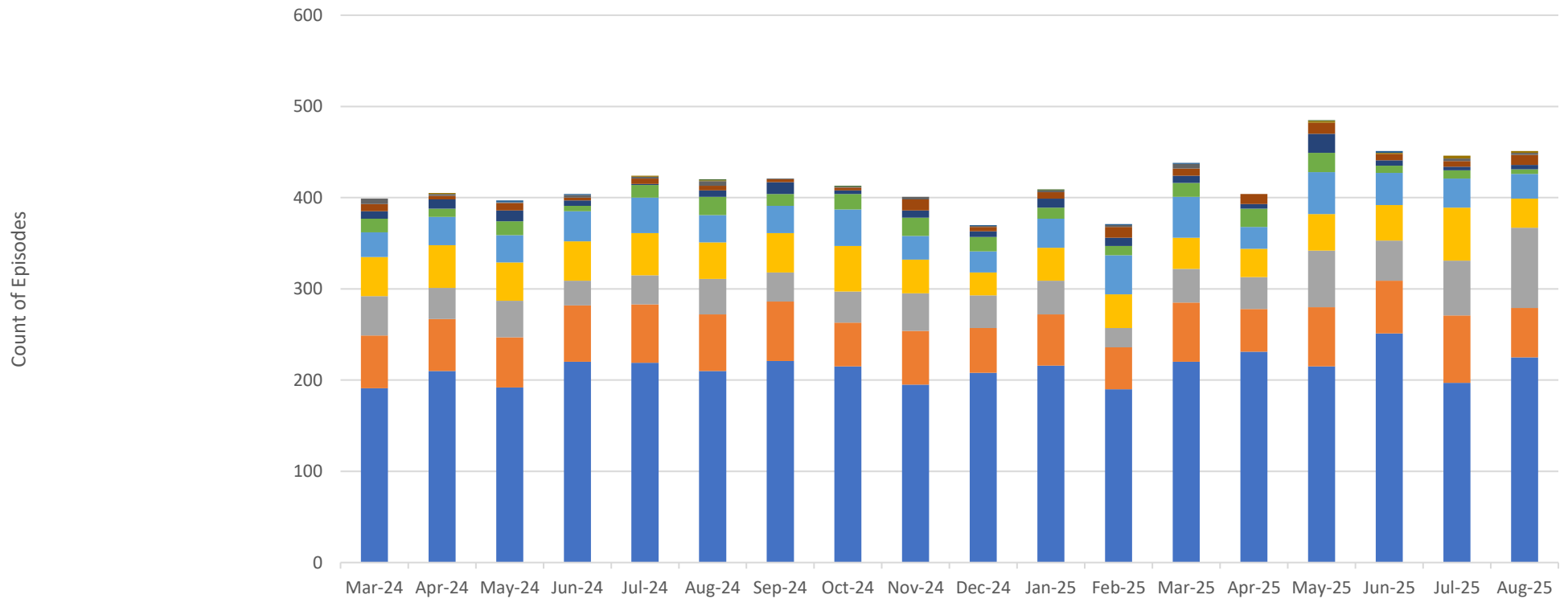
	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25
Crisis Service	180	151	200	182	174	174	139	169	179	157	190	160	204	176	227	230	223	177
Investigation	66	48	67	59	57	61	37	56	59	56	68	57	71	65	82	57	64	67



Region Designated Crisis Responder (DCR) Investigations



## Region DCR Investigation Referral Sources

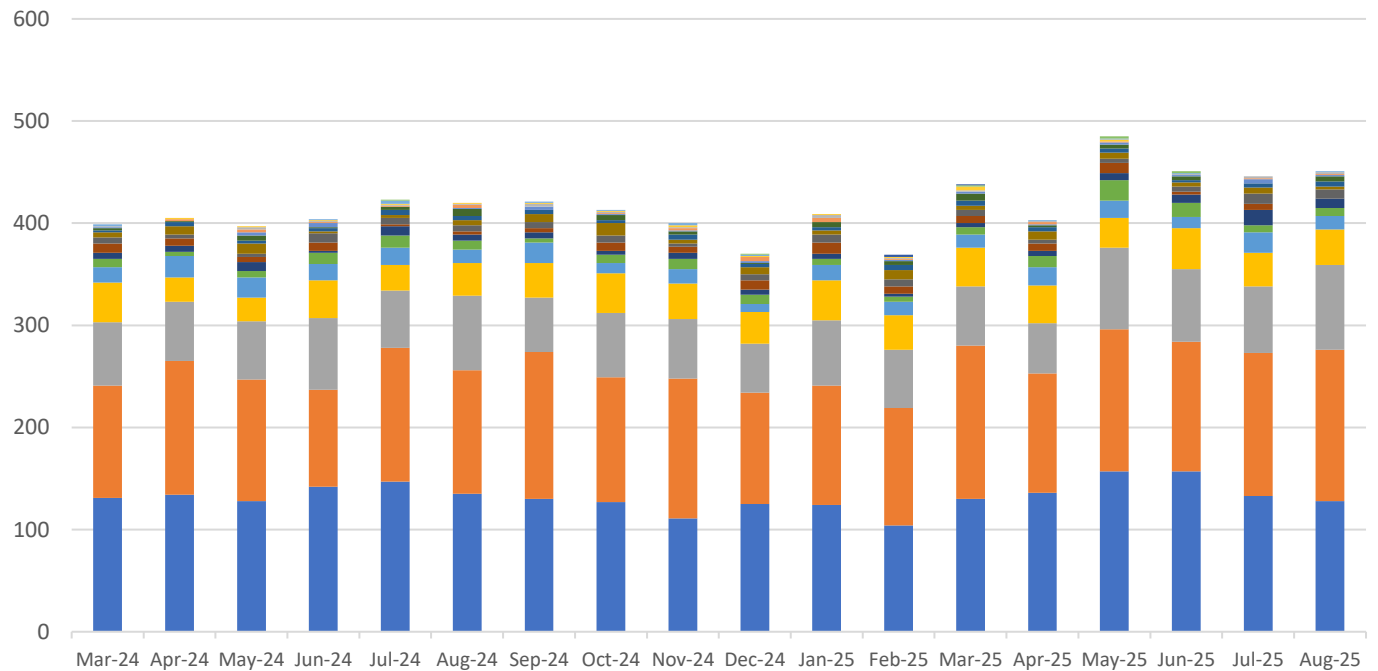


	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25
Impact Team Law Enforcement Referral	0	0	0	0	0	1	0	1	0	0	1	0	0	0	1	0	0	0
School	0	0	2	1	0	0	0	0	0	1	0	1	1	0	0	2	0	0
Referral from MCR to DCR	0	1	0	0	1	1	0	0	0	0	0	0	0	0	2	1	3	2
Community	6	2	1	3	2	5	1	1	3	1	2	2	5	0	0	0	3	2
Care Facility	8	4	8	3	6	5	3	3	12	5	7	12	8	11	12	7	6	11
Social Service Provider	8	10	12	6	1	7	13	4	8	6	10	9	8	5	21	6	4	5
Legal Representative	15	9	15	6	14	20	13	17	20	16	12	10	15	20	21	8	9	5
Professional	27	31	30	33	39	30	30	40	26	23	32	43	45	24	46	35	32	27
Law Enforcement	43	47	42	43	46	40	43	50	37	25	36	37	34	31	40	39	58	32
Other	43	34	40	27	32	39	32	34	41	36	37	21	37	35	62	44	60	88
Family	58	57	55	62	64	62	65	48	59	49	56	46	65	47	65	58	74	54
Hospital	191	210	192	220	219	210	221	215	195	208	216	190	220	231	215	251	197	225

Month of Dispatch

## Region DCR Investigation Outcomes

Count of Episodes



	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25
■ Referred to chemical dependency residential program	0	0	0	0	0	0	0	0	0	0	0	2	1	0	0	0	0	0
■ No detention – Secure Detox provisional acceptance did not occur within statutory timeframes	0	0	0	0	1	0	0	0	0	1	0	0	1	0	2	2	0	0
■ Referred to sub acute detox	2	0	0	1	3	0	1	1	2	1	0	0	0	1	1	1	0	1
■ No detention - E&T provisional acceptance did not occur within statutory timeframes	0	1	1	1	1	1	1	1	2	1	1	1	4	0	2	0	0	0
■ Referred to acute detox	1	0	2	1	1	1	3	1	1	0	3	1	1	1	0	1	2	2
■ Referred to chemical dependency intensive outpatient program	0	2	3	1	1	3	0	1	2	4	4	1	0	2	1	0	1	1
■ Referred to chemical dependency inpatient program	1	0	3	4	0	1	3	1	1	2	0	1	2	1	2	1	4	1
■ Referred to crisis triage	2	1	5	1	3	7	0	5	3	1	5	4	7	2	4	4	0	5
■ No detention - Unresolved medical issues	2	4	3	3	5	4	4	3	5	3	3	5	5	4	4	2	4	5
■ Detention to Secure Detox facility (72 hours as identified under 71.05)	5	8	10	2	3	5	8	12	4	7	4	9	4	8	6	4	6	3
■ Filed petition - recommending LRA extension.	6	4	3	9	6	6	6	7	3	6	8	7	6	4	4	5	10	9
■ Referred to non-mental health community resources.	9	7	5	8	2	3	4	8	6	9	11	7	7	7	10	3	6	0
■ Returned to inpatient facility/filed revocation petition.	6	6	9	2	9	6	6	4	6	5	5	3	4	5	7	8	15	9
■ Non-emergent detention petition filed	8	4	6	11	12	9	4	8	10	9	6	5	7	11	20	14	7	8
■ Did not require MH or CD services	15	21	20	16	17	13	20	10	14	8	15	13	13	18	17	11	20	13
■ Referred to voluntary inpatient mental health services.	39	24	23	37	25	32	34	39	35	31	39	34	38	37	29	40	33	35
■ Other	62	58	57	70	56	73	53	63	58	48	64	57	58	49	80	71	65	83
■ Referred to voluntary outpatient mental health services.	110	131	119	95	131	121	144	122	137	109	117	115	150	117	139	127	140	148
■ Detention (72 hours as identified under the Involuntary Treatment Act, RCW 71.05).	131	134	128	142	147	135	130	127	111	125	124	104	130	136	157	157	133	128

Month of Dispatch